

## **Karen MacDougall MA DipArch FRSA MSET**

MacDougall Art and Heritage

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### **Experience of relevant projects.**

I have spent over 25 years working with people in art and design settings, creating art in a variety of media. My understanding of people and their environments are overriding features of my work. Much of my recent work has been with museums and galleries, using the past to inspire new works.

I aim to help people explore themselves, 3D space and the world around them. Art and design change the way people see the world and making both process and the end product accessible is important to me.

I am artist, architect, creative consultant and have worked in many art and design settings. Established my own art and design practice, undertaking architectural commissions, lighting design and artwork for exhibition and to commission.

Outcomes of my work are graphics, murals, glass painted panels, banners, hangings, relief work, installations, environmental and land art, and sculpture.

I create public art, work in residencies with schools and communities, healthcare settings, curating and creating art for museums - working to timescales and tight budgets.

I aim to create high-quality outcomes and am enthusiastic about what I do.

I work with participants to make their ideas reality, in a supported way, giving them a feeling of pride in what they have achieved. Some work is outcome-based and some is process-led. All my work is researched and my educational work has included course development and research supervision. I am experienced in delivering training to staff and volunteers.

### **Hyperlinks to illustrative material:**

1. Hadrian's Cavalry blog page, "Diary of a Hadrian's Cavalry Artist", which gives details of the project and images of the artworks. The "signpost cape" at Housesteads is the most relevant.  
<https://hadrianswallcountry.co.uk/learning/teaching-resources/diary-hadrians-cavalry-artist>  
<https://hadrianswallcountry.co.uk/learning/teaching-resources/diary-hadrians-cavalry-artist/art-project-signpost-cape-housesteads>

2. My website.

[www.karenmacdougallartist.com](http://www.karenmacdougallartist.com)

Clients have included: private individuals and companies, many schools and colleges in Cumbria, Abbott Hall Kendal, Arts UK, Beacon Museum and Gallery, Brathay Trust, Blencathra FSC, BUPA, CONNECT, Connexions, Cumbria Arts in Education, Cumbria County Council, Cumbria Museums Consortium, Creative Futures, Creative Partnerships, Cumbria County Council, Derwent Pencil Museum, EdenArts, EnvironmentAgency, GirlguidingUK, Hadrian'sWallTrust, Inspira, JohnRuskinMuseumConiston, Keswick Museum and Art Gallery, Kirkgate Arts Centre Cockermouth, Kendal Museum, Liverpool Capital of Culture, Living Well Trust, National Trust, Penrith Day Hospice, Penrith Hospital Art Group, Penrith and Eden Museum and Art Gallery, Penrith Learning, Quaker Tapestry, University of Manchester, Manchester Metropolitan University, Minerva Heritage, Rotary International, Tullie House Museum and Art Gallery Carlisle, Whitewood and Fleming., St Hilda's primary school church and Pavilion Lodge, Manchester.

Specific individual arts based projects in reverse chronological order from 2000 - present:

July 2017 - October 2018 Women of Cumbria, working with 11 Cumbrian museums and their collections based on their key exhibition celebration 100 years since some women got the vote. Created a project to link the museums and GirlGuiding, Soroptimists, WI, Trefoil Guild. Working with participants of various ages created banner designs and then taught art skills so they could be painted and then paraded in the centre of Carlisle.

April 2016 - July 2017. Project in Trafford, Greater Manchester, designing and making 21 glass painted windows for St Hilda's School, St Hilda's Church and Pavilion Lodge sheltered housing

development. This project involved school children, families, the wider community all working together on an amazing intergenerational project. Additionally I facilitated a mural using children's stencil designs for the school entrance area.

September 2016 - June 2017 Hadrian's Cavalry Project. Commissioned to project manage and deliver 9 community projects working with 9 museums along Hadrian's Wall. Created a piece of artwork for an international exhibition on display at each on display until September 2017. This included 6 primary schools, Girlguiding Haltwhistle, adult volunteers and a mental health group. Go Herdwick, Public Art Trail for the Calvert Trust. Designed 'Drawn Ewe' and created it using Inktense bars and pencils and various different drawing techniques for Derwent Pencil Museum to display. Trail ran from Easter to September 2016. Ewe was bought by Pencil Museum at auction for public display.

2016 WW1. Curated and designed a reduction of Penrith and Eden museum's WW1 exhibition which I had designed and executed in September 2014, this time with a Somme focus. Winter Droving and Tree Dressing, Penrith. Created a project to involve museum visitors and members of local art and craft groups to work with me to make felt and special buttons. I then created a giant 'tree cosy' winter jacket to fit on a large tree on one of Penrith's main streets. This highlights the need to look after our trees and celebrates trees for National Tree Dressing Day. Artwork was displayed for December and January 2016.

Big Draw projects based on 'Every drawing tells a story' to engage visitors with Carlisle library What your portrait says about you! Creating a personal jigsaw, making a special folding book, recycling old library books for Penrith Library, creating 3D bugs and butterflies looking at the butterfly collection at Penrith and Eden Museum, Creating a pencil with a secret compartment and a silk treasure map to go inside it for Derwent pencil museum and drawing with wool - making a felted picture in the style of Wainwright for Keswick Museum and Art Gallery.

Tour of Britain. Designed and delivered a project to encourage young people to engage with their local museum. This was initially a research project and report regarding engagement and then the young people who came forward were invited to work with me to create a pop-up exhibition relating to the Tour of Britain that was passing through the area. Young people photographed and drew artefacts from the collection that related to villages en route and then I designed and made 4 x A1 boards digitally which were printed and displayed in the museum during September. Using the research on the past we then designed a mural which has been installed in Penrith Leisure Centre beside the mural I created in 2012 which Eden District Council have decided to retain. Designed and delivered a community project looking at Kirkby Thore and how the young people and residents feel about where they live. The school visited their local museum to find out about the past and to be inspired by Public Art in the town of Penrith. This resulted in a large picture of the village with its key historical points illustrated. It was felted from wool and the community then applied details, metal relief work, buttons and beads to create a magnificent piece of work. Around 160 people worked on the project. This has been displayed in Penrith and Eden Museum. This is a pilot project for the museum as they take projects out to their catchment villages.

2015 The Exodus project. Storytelling Pennine Way Primary School's move to larger premises in 9 textile panels using wool and felting it. Everyone in the school was involved and the panels will be displayed in the new school.

2005 to 2015 Mentored new teachers in Adult Education and through the CFC mentorship programme worked with Creatives seeking experience of work in school settings.

2014 - 2015 Designed and led workshops for 60 Brownie units over the county to create 'Starquest Owls' for Girlguiding Cumbria North - felted hangings as part of the Brownie's Centenary Celebrations to be displayed in various venues in Cumbria and UK. Designed exhibition panels, postcards and cards and managed HOOT as it toured professional venues such as Rheged, Tullie House, Keswick Museum and Art Gallery, Helen Thompson Museum, Kirkgate Centre, Penrith and Eden Museum, Girlguiding Regional HQ and The Beacon Whitehaven.

2014 -15 Worked with Tullie House and Princes Foundation for Children and the Arts and collaborated with storyteller Ian Douglas. Created art experiences in the galleries and then worked with 4 schools to create giant mobiles, and metal relief work inspired by Keswick School of Industrial Art, large woven hanging inspired by paintings in the collection, a sculpture based on the Pre-Raphaelite collection and a print project and sculpture inspired by the Morris fabrics in Tullie House. Artworks were shown in one of the galleries.

2014 Worked with Tullie House and Carlisle Archives and 4 schools to capture the essence of Carlisle and its history. Worked with 380 young people to create a triptych picture, a timeline, 6 sculpted figures and 9 glass painted panels for Kingmoor, Bellvue, Pennine Way and Inglewood Schools.

2014 Curated and hung an exhibition of my student's artwork at the Morland Festival of the Arts.

2014 Older adults workshop at Kirkgate Centre creation of felted hanging for permanent display.

2014 Created a giant flying insect sculpture for Tullie House as part of National Insect week, working with families. Insect is still flying through Tullie House foyer.

2014 Pennine Way School, Carlisle. Explored the Foundation Maths and All about Me parts of the Curriculum and created two large felted hangings that facilitate teaching these topics. Nursery pupils worked with me to turn the fibres into felt alongside lots of singing and rhyme.

2014 Designed all aspects of the exhibition and assisted with the curation of Local Voices at Penrith and Eden Museum. This involved selection of artefacts and other materials, display of the objects in cases and the design and display of 2D material and creation of digital artwork which was printed onto display panels. This included creating all the graphics, logos etc, designing a 'pocketbook' activity for visitors and school groups to engage with during their visits and running creative school workshops and activity resource packs for use in the museum.

2013 Creation of two glass painted panels to depict 150th anniversary of Lazonby School

2013 Completion of World Peace tree sculpture at Langwathby School. Sculptural tree with glass painted insert. Painting completed working with school community.

2013 Working with Brathay and young mums in Whitehaven on an introductory arts project: paper weaving, glass painting and feltmaking.

2013 Devised project with Quaker Tapestry Kendal and LMEN, delivered this as part of an Arts Award offer. Work shown at MOLLI and Westmorland Show. This led to working with Quaker Tapestry developing an education offer for their volunteers to deliver.

2013 Morland Art Festival. Second exhibition of drawings and sketches shown during the Arts Festival.

2013 Tullie House Family sessions: Designing and making a Roman fountain for the Roman Garden, Designing and making a stone circle for the community room, Designing 3 paper masks based on Roman parade armour - one design based on the Crosby Garrett helmet.

2013 Delight in Detail. Exhibition of paintings at Cafe Oswald Penrith.

2013 Big Draw at Penrith and Eden Museum: CONNECTing with the Future - Led workshop, created artwork with participants on the bike of the future for display, in Arragons Cycles Penrith and created a reminiscences resource based on the rubbish of the future.

Big Draw at Blencathra - led workshop predicting the future of the Lake District landscape and created 6 large pictures, these have been put into a resource for discussion with older people.

2013 Working for Derwent Pencil Museum I created a giant board game which was printed onto vinyl flooring for use in the gallery. Board is based on an interpretation of the Central Lakes created by visitors during their Big Draw activity.

2010- 2013 Regeneration of the Coronation Garden, Penrith, for the Rotary Club and Eden District Council, funded by the Heritage Lottery Fund. This involved working with 6 schools, 6 community groups and the Penrith & Eden Museum, to create 8 banners and 4 sculptures, to depict Penrith's heritage and make it accessible to all. Sculptures and banners are erected in the garden. Also commissioned to design graphics and content for Family pack, design and make schools activity packs and leaflet to promote the garden. Banner work has been printed as postcards for sale.

2012 CONNECT funded pilot with Carlisle libraries - creation of teddy, with minimal costs to be made by under 5s with their carers - linked into their book scheme. Bears were then brought in to a 'picnic' in the library. Staff were trained in the making skills and project sheets put together so they could run and adapt another project to be run in- house.

2012 Worked with Derwent Pencil Museum to explore and develop new uses for Inktense pencils and deliver workshops. Created a 3D mobile system.

2012 CONNECT funded project: pilot with Carlisle Archives to train staff to deliver Big Draw based on Carlisle's history included felting, drawing by mechanism and a giant biscuit mobile.

2012 Morland Arts Festival, created 30 line drawings exhibited for the duration of the creative arts festival.

2012 Participated in Connecting Light, one of the Olympic Arts projects. Worked with communities along the wall creating artwork for display and generating data for the light installation.

2012 Worked with looked after children, with Whitewood and Fleming on 'Have a Go' project delivering Arts Award at Discover level.

2012 Worked with young people in an Inspira group and created a mural for the Leisure Centre to celebrate the Olympic torch coming through the town.

2012 Big Draw at Penrith and Eden Museum and Blencathra Field Centre. Creation of a low cost drawing resource to explore both locations, and training for staff in delivery, and led workshops during October to trial resource.

2012 CONNECT funded project, making creative proposals for WW1 centenary with the museums in north Cumbria for collaborative projects.

2011 "Life on the Edge": Worked with the John Ruskin Museum, Coniston, students at Beaumont College Lancaster (funded by LMEN), to create 5 3D relief panels based on Neolithic art. Displayed until 2014.

2011 Big Draw with Penrith Library, creation of hanging with library goes to hang in library.

2011 Big Draw with Penrith and Eden Museum. Creation of a drawing resource 'Draw to Explore' for the museum for groups of visitors to use within the museum. Ran workshops during October using the resource.

2011 Making Maths Less Scary - a research project using maths and art in a primary school setting with St Catherine's School Penrith and Creative Futures Cumbria.

2011 Creation of 'Walking before the dinosaurs and other fantastic beasts' resource for KS1, 2 and adults to showcase an interesting collection of artefacts with a selection of creative projects for groups to engage with, in the museum or as outreach.

2011 Worked with Tullie House to deliver training using Arts and Crafts to older adults in care homes. Project was filmed for best practice. Mentored care workers in their own work environments to make them more confident about arts delivery.

2010 - 2011 Working with the Museum Visual Arts Officer and various groups aged 16+, I ran a project using the Tullie House Collections as starting points for creativity! We looking at landscapes in unfamiliar ways based around the Clouds Descending exhibition, also using textiles and the work of William Morris, the Pre- Raphaelites and Winifred Nicholson as starting points for printing and fibre-based work.

2010 Worked with Creative Futures Cumbria, looking at ways to make maths less scary through the creation of a creative maths and art resource 'Monster Maths', and the creation of large scale monster artworks on the playing fields with Wigton Infant School and Thomlinson Junior School. Also I created a new approach to maths and art using a Viking project to encourage active learning (Hensingham Primary School). INSET was delivered in both these projects.

2010 Worked on the 'Young Brits at Art' Project with Commission for Equality and Human Rights. Explored aspects of freedom with Year 12, Whitehaven School and the workshop was filmed for a presentation at the South Bank, London, and on the internet. 2 students' work made the final 100.

2010 Iconic Eden - an exhibition of museum artefacts run with Penrith & Eden Museum, and created artwork with the visitors to the retail unit in which the exhibition took place.

2010 'Our World' created 3 large glass painted windows for the community hall. Multi-generational project working with the Tebay primary school, nursery, Age Concern and the community exploring the world of 2010.

2010 Worked with adult students in education exploring abstracts. Invited by Arran Visual Arts and ran a weekend abstract course in the grounds of Brodick Castle.

2010 "The Big Draw: Under the Surface" - three projects working with visitors to the Penrith & Eden Museum, Penrith Library, Tullie House, Silloth Discovery Centre, Senhouse Roman Museum and The Beacon, Whitehaven to create art for display.

2007 - 2010 Visiting lecturer at the Manchester School of Architecture. Visiting critic. I have run creative programme on murals in the environments for undergraduate architectural students, including a scheme for a mural in Barrow-in-Furness - a 4 week project culminating in an exhibition at Cube Gallery Manchester and a film shown on BBC Big Screen at Manchester's Triangle.

2009-10 "Exploring the Collections @ Penrith Museum" - MLA funded project working with informal learning groups (Penrith Art Club and Brough and Stainmore Art Group). I worked with

both groups creating a permanent research resource in the museum (making the collection more accessible for self-learners), created a series of art projects, a leaflet and an exhibition. 2009 Fell view School Caldbeck. Textile hanging collaboration with artist Julie Cogle. Exploration of place with whole school. Art work has toured and is now permanently in the school. 2009 "CONNECTing with WW2", Penrith Museum - I ran a digital recording project, researching, collecting and editing wartime reminiscences. The outcome was a book of transcripts and a CD resource. 2009 Explored St Columba with St Columba Catholic Primary School, Walney Island and created a large glass painted window for their prayer space working with their art club.

2008-9 Creative Arts Manager for Girl Guiding Cumbria North. Devised and ran 'Let's Be Creative', an arts day for 1500 youngsters. I set up and managed an arts team of 80, including professional creatives and helpers.

2008 North Lakes School Penrith. Places Spaces Dialogue. Creative Partnerships short project exploring design and the local area. Collaborated with photographer Chris Madge.

2008 St Mary's School, Ulverston. Created six glass painted panels of religious scenes for the school hall. 2008 Allonby Primary School. Design and painting of 4 glass painted panels for school entrance and memorial window based on the environment round Allonby.

2006 - 2008 Became a Lead Creative with Creative Partnerships Cumbria exploring issues of creativity, behaviour and external spaces through two projects: Outdoor Matters and Environment Matters working with Barrow Island School and wider community. I explored aspects of design in another project about dialogue between spaces and places. The school won the RBS Regional Dream Playgrounds competition to realise some of the design work.

2007 - 2008 Penrith Museum 'Whose story is it anyway?', Workshops and exhibition of outcomes weaving webs of word and sound, for family learning and primary schools.

2007 Kirkby Thore School, Penrith. Creation of Mural, sculpture, and temporary playground poetry project. Worked with whole school, nursery and community.

2007 Sandgate School Kendal. Creation of 6 banners for school entrance exploring places that were important to them. Working with all the members of this special school aged 3 - 19, also mentoring artists for Cumbria Arts in Education during this project.

2007 Led art workshops for Tullie House at locations on the Roman wall for all ages exploring the Romans.

2007 Pennington School, Ulverston. Creation of 7 glass painted panels based on bible stories for school entrance area, working with all the children aged 4 - 11. Linked RE and Art.

2005 - 2007 Set up, devised and managed 'Sun Wind and Rain', an art project working with 10 schools in the Millom area. Creation of artworks for each school which included flags, banners, fence weaving, giant webs, wind sculpture, story pole sculptures etc. and mentoring sixth formers using art in educational settings. Funded by LEA.

2005 Cumbria Arts in Education: Devised and ran project in an early Years (setting (aged 3-5) and an After School Club (aged 3-14) at Long Marton School. Mentored 2 artists wishing to work in educational settings. Created permanent and temporary artworks including a monster on a grassy bank (featured by CCC and CAE in publications and internet) and a giant picture game.

2004 Arts UK project. Designing and making backdrops for the play "Off the Wall" working with youngsters aged 4 - 21 in three communities close to Hadrian's Wall, Northumberland working with Arts UK.

2004, Lorton School and wider community. Designed and executed a large painting working with the school and community to celebrate the bicentenary of Wordsworth's visit to the Lorton Yew for a celebration and tour accompanying a book launch. This project was Lottery funded.

2002-4 Taught design, light and colour in the Manchester School of Architecture, University of Manchester as a visiting lecturer.

2003 Tree of Life created in Penrith Hospice by patients and staff over a 9 months period.

2002 'A Sense of Place' National Trust. An exploration of three National Trust places and identifying what makes them special. I worked alongside Rangers, the Community Education Officer and children from Lorton School.

2002 Brandlehow Centenary Birthday Celebration. NT. I developed various site-specific ideas and was commissioned to create an artwork of sails for the jetty, a tree dressing on the Lakeshore and an extension of my Arts in Trust sail installation. This led on to a commission to create a 'little blue jacket' sail installation for Hilltop, Sawrey.

2002 'Arts in Trust'. NT / EA. I developed some ideas, which were shared between various artists working in different disciplines. I created an installation of sails exploring the lake site and the wind which came sweeping in. Adults and Children were invited to add personal comments about

the place. I also ran workshops for primary schools and created a 'tidemark' installation using found objects along the lakeshore.

2002 Movement Wall, Windermere Junior School. Designed and executed a large mural on a 7m rebound wall working with adults and all 284 children from the primary school. Mentored 2 art students from Cumbria Institute for the Arts and explored movement in different ways using silhouettes and the wall became a playground backdrop and catalyst for many games linking dance / sport and art and something valued by the community long after the event. This project was short listed for one of the Young Artist of the Year Awards. Invited back in October 2003 to develop a project based round a courtyard and a piece of disused ground. 'Haikus, Pebbles and Us' - selected an East meets West peace theme and created 3 murals and a sculpture garden, once again working with the whole school and the community.

2000 'Reach for the Skies' a millennium arts project funded by 'Awards for All'. I worked with the whole community at Lorton (near Bassenthwaite) to create a large painting that reflected community life: roots, here and now and hopes and aspirations for the future. The result was a painting with the events recorded in text as part of the final image. I was appointed co-ordinating artist - responsible for a group of other artists and undertook all the management and liaison work, (other artists created a felt hanging and ceramic tiles working to my initial themes and ideas). I also ran the arts budget and managed the consultation and participation with the community.